



## More Convenience. More Care.

Same-day, walk-in health care seven days a week. No appointment necessary.



Illness and minor injuries can happen at any time. So, we're here when you need us. Our **Scripps HealthExpress** clinics offer same-day care throughout San Diego County seven days a week, with evening and weekend hours available.

You can walk in, call ahead to speak with a triage nurse or go to **Scripps.org/Everyday** to hold your place in line to be seen. You also can view the number of people waiting to be seen at each site and select a clinic most convenient for you. We accept most

insurance plans, and your visit is billed as a primary care office visit (excluding sports physicals).

**HealthExpress** also accepts cash, check or credit card for services if preferred.

**HealthExpress** will diagnose and treat minor illnesses, injuries and other immediate health care needs, including:

- Vaccines (flu and Tdap)
- Urinary tract infections
- Sore throat and strep throat
- Allergies and asthma
- Flu-like symptoms
- Skin conditions
- Ear infection and earache
- Sinus infections
- Bug bites and stings
- Minor cuts, burns

Sports physicals (excluding labs) available for \$69.

### **Scripps HealthExpress** **(ages 5 and older)**

Monday–Friday: 7 a.m.– 9 p.m.

Weekends and Holidays: 8 a.m.–5 p.m.

### **Pediatric HealthExpress** **(3 months to age 17)**

Carmel Valley and Rancho Bernardo

Monday–Friday: 5–9 p.m.

Weekends and Holidays: 8 a.m.–5 p.m.

No appointment necessary. Walk in the same day. Evening and weekend hours available.

Call **858-304-1405** or go to **Scripps.org/Everyday** to hold your place in line.

*Locations are listed on the back of this flyer.*

# More Convenience. More Care.

Same-day, walk-in, express health care seven days a week and holidays. No appointment necessary.

## Locations

- 1 Scripps Clinic, Carmel Valley**  
3811 Valley Centre Drive  
San Diego, CA 92130  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.  
3 months to age 17:  
Monday–Friday: 5–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 2 Scripps Clinic, Liberty Station**  
2445 Truxtun Road  
Suite 200  
San Diego, CA 92106  
Ages 5 and older:  
Monday–Friday, 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 3 Scripps Clinic, Mission Valley**  
7565 Mission Valley Road  
San Diego, CA 92108  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 4 Scripps Clinic, Rancho Bernardo**  
15004 Innovation Drive  
San Diego, CA 92128  
Ages 5 and older:  
Monday–Friday, 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.  
3 months to age 17:  
Monday–Friday: 5–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 5 Scripps Clinic, Rancho San Diego**  
10862 Calle Verde  
La Mesa, CA 91941  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 6 Scripps Clinic, Torrey Pines**  
10666 N. Torrey Pines Road  
La Jolla, CA 92037  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 7 Scripps Coastal Medical Center, Carlsbad**  
2176 Salk Ave.  
Carlsbad, CA 92008  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 8 Scripps Coastal Medical Center, Eastlake**  
971 Lane Ave.  
Chula Vista, CA 91914  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 9 Scripps Coastal Medical Center, Encinitas**  
477 N. El Camino Real  
Suite B303  
Encinitas, CA 92024  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 10 Scripps Coastal Medical Center, Hillcrest**  
501 Washington St.  
Suite 600  
San Diego, CA 92103  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 11 Scripps Coastal Medical Center, Oceanside**  
4318 Mission Ave.  
Oceanside, CA 92057  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 12 Scripps Coastal Medical Center, Solana Beach**  
380 Stevens Ave., Suite 100  
Solana Beach, CA 92075  
Ages 5 and older:  
Monday–Friday: 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.
- 13 Scripps Coastal Medical Center, Vista**  
130 Cedar Road  
Vista, CA 92083  
Ages 5 and older:  
Monday–Friday, 7 a.m.–9 p.m.  
Weekends and Holidays:  
8 a.m.–5 p.m.

▲ Locations also offer **Scripps HealthExpress** pediatric care for children 3 months to 17 years

