Cathy Hopper Friendship Center Age		Well Services January 2025 442		Bannock Ave, San Diego, 92117	
MON	TUE	WED	THU	FRI	
The City of SAN DIEGO Parks and Recreation Department	Questions about programs at Cathy Hopper Friendship Center? Call (619) 453-3850 or email TurnerL@sandiego.gov	Closed 2025	2 CHFC Cafe: 9:00am-2:30pm Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am	CHFC Cafe: 9:00am-2:30pm Chorus: 9:00am-12:00pm Yoga: 9:30a Chair Yoga: 11:30am-12:30pm Getting Crafty: 10:00am-12:00pm	
6	7	8	9	10	
CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm Digital Navigators: 9:00am-12:00pm Ukulele: 10:00am-11:00am	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	
Chigong: 9:15am-10:15am	Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am Karaoke: 12:00pm-1:00pm Open Art: 12:30pm-2:00pm	Oil Painting: 11:30am-4:00pm Lunch&Learn: 11:30am-12:30pm BINGO: 1:00pm-2:30pm	Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am	Chorus: 9:00am-12:00pm Yoga: 9:30am-10:30am Chair Yoga: 11:30am-12:30pm Getting Crafty: 10:00am-12:00pm	
13	14	15	16	17	
CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm Digital Navigators: 9:00am-12:00pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	
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20	21	22	23	24	
Closed MLK DAY	CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am Karaoke: 12:00pm-1:00pm Open Art: 12:30pm-2:00pm	CHFC Cafe: 9:00am-2:30pm Digital Navigators: 9:00am-12:00pm Ukulele: 10:00am-11:00am Oil Painting: 11:30am-4:00pm BINGO: 1:00pm-2:30pm	CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am	CHFC Cafe: 9:00am-2:30pm Chorus: 9:00am-12:00pm Yoga: 9:30am-10:30am Chair Yoga: 11:30am-12:30pm Getting Crafty: 10:00am-12:00pm	
27 CHFC Cafe: 9:00am-2:30pm	28	29 CHFC Cafe: 9:00am-2:30pm	30	31	
Chigong: 9:15am-10:15am	CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am Open Art: 12:30pm-2:00pm	Digital Navigators: 9:00am-12:00pm Ukulele: 10:00am-11:00am Oil Painting: 11:30am-4:00pm BINGO: 1:00pm-2:30pm	CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am	CHFC Cafe: 9:00am-2:30pm Yoga: 9:30am-10:30am Chair Yoga: 11:30am-12:30pm Getting Crafty: 10:00am-12:00pm	

Cathy Hopper Friendship (Center AgeW	Vell Services February 2025 4425 Banr		ck Ave, San Diego, 92117
MON	TUE	WED	THU	FRI
		Site Hours of Operations		
	Questions about programs at Cathy	9:00am-3:00pm		
The City of	Hopper Friendship Center?			
SAN DIEGO	Call (619) 453-3850			
Parks and Recreation Department	or			
	email TurnerL@sandiego.gov			
3	4	5	6	7
CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm
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Chigong: 9:15am-10:15am	Feeling Fit: 9:00am-10:00am	Ukulele: 10:00am-11:00am	Walking Group: 10:00am-11:00am	Yoga: 9:30am-10:30am
9. 9	Walking Group: 10:00am-11:00am	BINGO: 1:00pm-2:30pm	Line Dance: 10:30am-11:30am	Chair Yoga: 11:30am-12:30pm
	Line Dance: 10:30am-11:30am			Getting Crafty: 10:00am-12:00pm
	Karaoke: 12:00pm-1:00pm			
	Open Art: 12:30pm-2:00pm	WING O		
10	11	12	13	14
10	11	12	13	14
CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm
		Digital Navigators: 9:00am-12:00pm	Feeling Fit: 9:00am-10:00am	
Chigong: 9:15am-10:15am	Feeling Fit: 9:00am-10:00am	Lunch&Learn: 11:30am-12:30pm	Walking Group: 10:00am-11:00am	Yoga: 9:30am-10:30am
	Walking Group: 10:00am-11:00am	BINGO: 1:00pm-2:30pm	Line Dance: 10:30am-11:30am	Chair Yoga: 11:30am-12:30pm
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	Open Art: 12:30pm-2:00pm	QINGO		
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CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm
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Chigong: 9:15am-10:15am	Feeling Fit: 9:00am-10:00am	BINGO: 1:00pm-2:30pm	Feeling Fit: 9:00am-10:00am	Yoga: 9:30am-10:30am
	Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am		Walking Group: 10:00am-11:00am Line Dance: 10:30am-11:30am	Chair Yoga: 11:30am-12:30pm Getting Crafty: 10:00am-12:00pm
	Karaoke: 12:00pm-1:00pm	8 I NGO	Line Dance: 10:50am-11:50am	Must See Movies: 12:30pm-3:00pm
	Open Art: 12:30pm-2:00pm			With Sec Wovies. 12.30pm-3.00pm
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CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm	CHFC Cafe: 9:00am-2:30pm
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	Walking Group: 10:00am-11:00am	х х	Walking Group: 10:00am-11:00am	Chair Yoga: 11:30am-12:30pm
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	Open Art: 12:30pm-2:00pm	$(\mathcal{B}(I,N(G)))$		