



What You've Missed

ENGAGING ACTIVITIES

HERE'S WHAT THE YOUTH COUNCIL HAD TO SAY ABOUT FOCUS AREA ONE OUTLINED IN THE [CHILD AND YOUTH PLAN](#):

Q1:

What do you consider an engaging activity? What types of activities would you like to see available now, or what would you have liked during high school?

- **Community Building:** Start activities with questions (e.g., favorite movie) to foster connections and expand to larger groups.
- **Engagement Activities:** Highlight experiences from a high school sophomore and a 21-year-old daughter in sports to emphasize feeling part of something larger.
- **Social Connections:** Ensure youth engage in community activities (clubs, sports) that promote social bonds.
- **Physical Engagement:** Encourage participation in activities outside school, like volunteering and awareness-raising in green spaces, instead of passive presentations.

Q3:

We've struggled to engage youth and boost attendance. What would motivate young people to join fun activities?

- **Free Offerings:** They focused on inviting youth to the center, but attendance remained low.
- **Event Example:** They organized an ice cream social with food at the end of events, as well as free movies and game nights, providing fun activities.
- **Partner Programs:** Programs like SHIFT for ages 12-18 aimed to empower youth, helping them recognize that they had a voice.
- **Safe Space:** Focus on creating a safe space for youth to express themselves and engage with one another.

Q5:

What organizations are you aware of that offer engaging activities? What activities do you know of that they provide?

- **Mid City Can:** Meets Fridays to discuss youth issues in City Heights.
- **Chrysalis:** Provides accessible classes for the Barrio Logan community.
- **SHIFT Program:** For ages 12-18, it uses performing arts for self-expression, with sessions Tuesday and Thursday and a Family Friday program.

Q2:

What are the benefits of recreational and literacy programs in community centers and libraries for youth? How can we make these resources more accessible across different neighborhoods?

- **Accessibility:** The youth want to expand programs in marginalized areas and improve access at under-resourced recreation centers.
- **Awareness:** They recognize the need to spread awareness and enhance transportation options.
- **Outreach:** They plan to use social media and flyers to inform the community about programs.
- **School Collaboration:** They aim to work with schools to ensure students are aware of available programs.
- **Community Engagement:** They want to promote programs during back-to-school nights and PTA meetings, targeting parents for involvement.

Q4:

Think of a fun event you've participated in (or heard about). Was it accessible, affordable, and inclusive? What did you like or dislike?

- **Comfort Through Participation:** Youth at the San Diego Native American Health Center felt more comfortable as they engaged in activities.
- **Event Example:** They participated in activities like raffles, bike giveaways, free food, and park events.
- **Youth Change-Makers Summit:** This event empowered youth to engage with their community and envision positive changes, offering free participation.
- **Cost Considerations:** It's important to recognize that event and sports tickets can be expensive, highlighting the need for accessibility.
- **Transportation Access:** Youth emphasized the importance of public transportation for attending events.

Q6:

Based on City policy and priorities, what ideas do you have to support this focus area?

- **Collaboration with City Departments:** The youth aim to work with existing city departments to enhance community programs.
- **Spreading Awareness:** They want to increase awareness of various events happening within the city.