

OFFICE OF CHILD AND YOUTH SUCCESS

"A City Where Children and Youth Can Thrive!"

SEPTEMBER





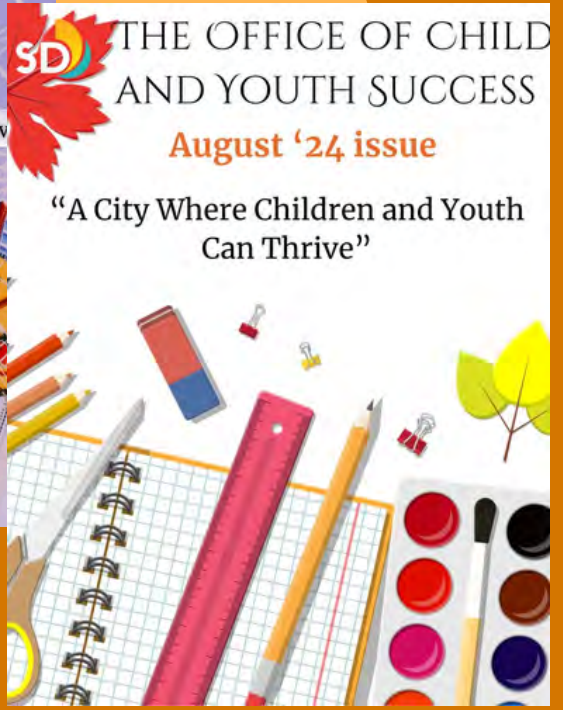
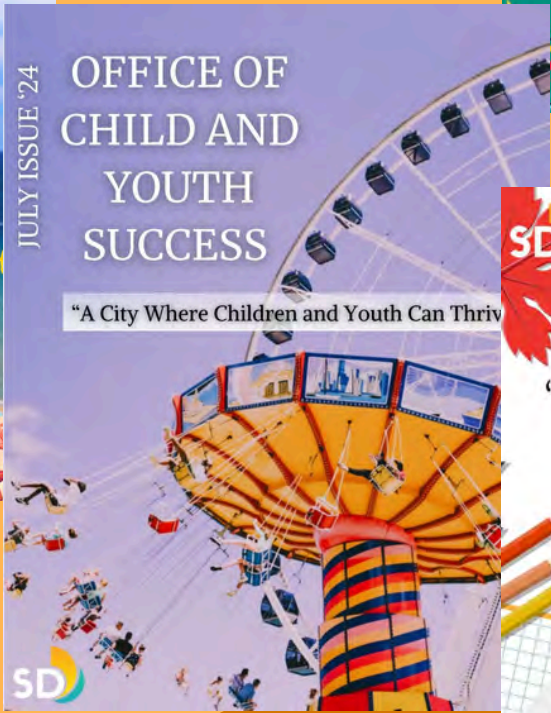
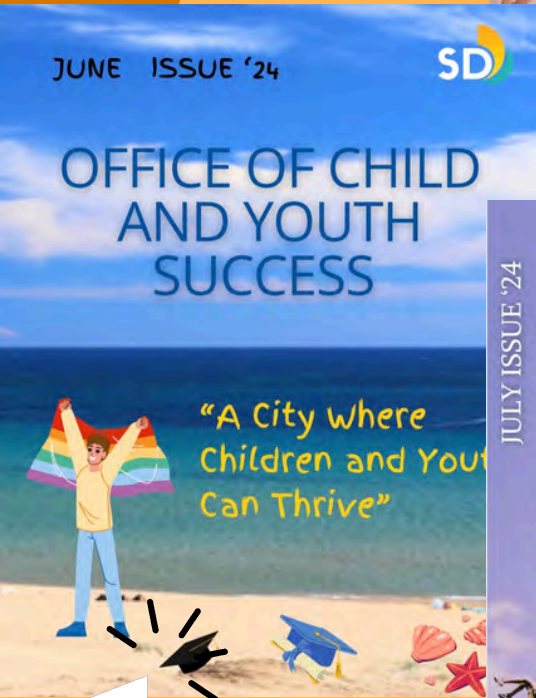
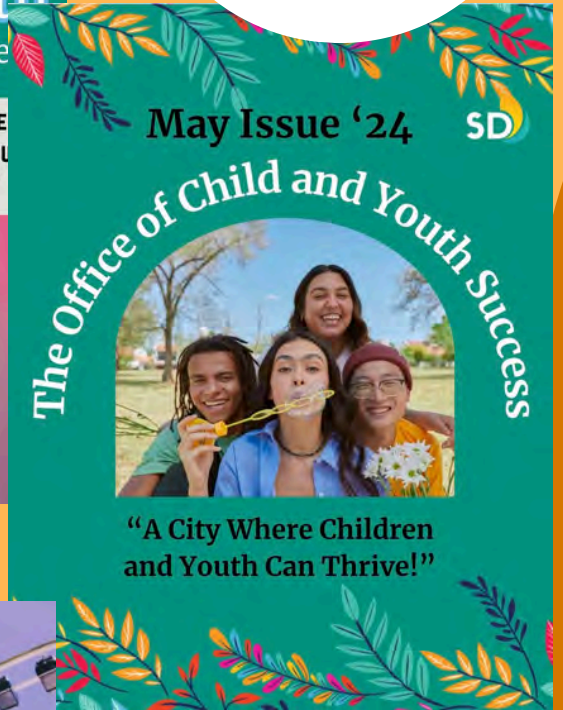
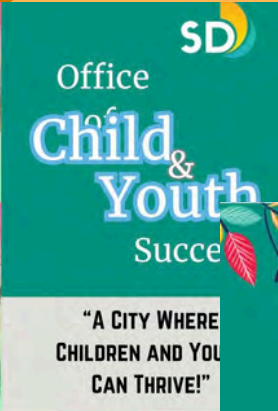
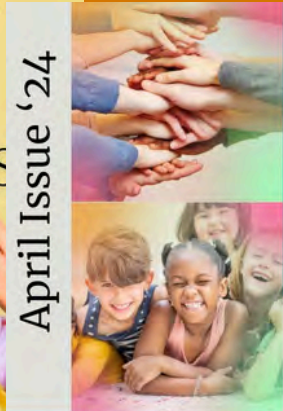
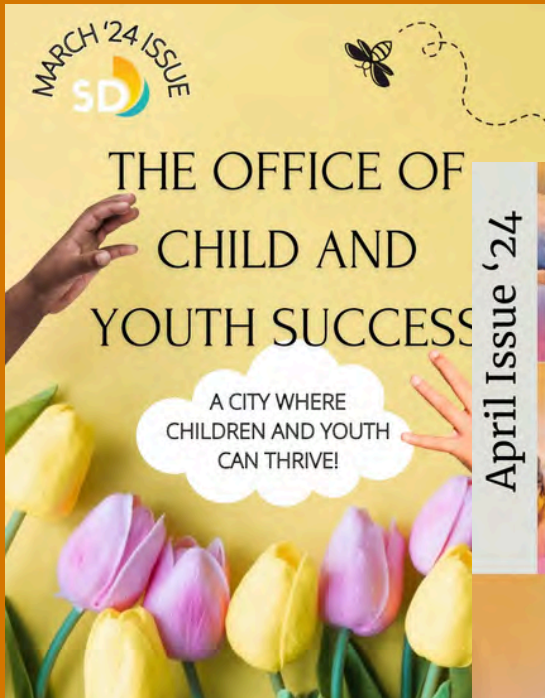
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BE THE FIRST TO SEE

SIGN UP!

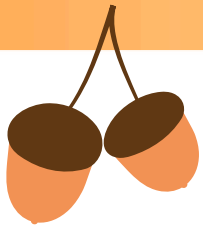
[CLICK HERE TO SIGN UP FOR OUR MONTHLY NEWSLETTERS!](#)



ABOUT US



The Office of Child & Youth Success will serve as a navigation and connection point for residents seeking supportive services and programming for youth ages 24 and below.



MISSION

The Office of Child and Youth Success is dedicated to prioritizing San Diego's youngest community by providing access to resources, services and high-quality programs to improve social, health, and educational outcomes.



VISION

Through trust, transparency, equity, and inclusion, the City of San Diego, Office of Child and Youth Success will coordinate a network of community stakeholders that will provide a shared framework to deliver high-impact solutions to challenging circumstances for young people empowering them to thrive in the community they serve.

Labor Day

September 2, 2024

What is Labor Day?

Labor Day is an annual celebration of the social and economic achievements of American workers. The holiday is to recognize the many contributions workers have made to America's strength, prosperity, and well-being.

The History

Before it was a federal holiday, Labor Day was recognized by labor activists and states. After municipal ordinances in 1885 and 1886, a movement for state legislation began. New York introduced the first bill, but Oregon passed the first law on February 21, 1887. That year, Colorado, Massachusetts, New Jersey, and New York also created a Labor Day holiday. By 1894, 23 more states had adopted the holiday, and on June 28, 1894, Congress made the first Monday in September a legal holiday.

If you are a working teen, remember that you have rights!



Fact Sheet on Workers' Rights and safety tips

- [Are you A Working Teen? Factsheet \(English\)](#)
- [¿Eres un joven que trabaja? La hoja informativa \(Español\)](#)



AB800

"Workplace Readiness Week"

In 2023, Gavin Newsom signed a bill that establishes the last week in April as Workplace Readiness Week that requires schools to educate the youth on their rights at work. To learn more about AB800 click the links below.

Work Permits for Students

- [Work permits information](#)
- [Information on Minors and Employment](#)

[CLICK HERE](#)

[CLICK HERE](#)


Hispanic Heritage Month

September 15 - October 15

The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15. It was enacted into law on August 17, 1988, on the approval of Public Law 100-402.

The day of September 15 is significant because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on September 16 and September 18, respectively. Also, Columbus Day or Día de la Raza, which is October 12, falls within this 30 day period.

Celebrations and Events



Padres Hispanic Heritage weekend

[Book Now](#) →



Otay Ranch Town Center Family Festival

[Book Now](#) →



Featured Destination

At the heart of the barrio, Chicano Park is home to the largest collection of Chicano murals in the United States, and has been designated a National Historic Landmark; it also now hosts the Chicano Park Museum. Barrio Logan is the hub of a diverse arts district, with galleries, boutiques, brewpubs and craft coffee shops. A vibrant culinary scene is also an important characteristic of the neighborhood [Read More](#) →



Office of Child and Youth Success Presents...

EDUCATION & CAREER PATHWAYS

WHO: Youth, Ages 12-26 in The City of San Diego

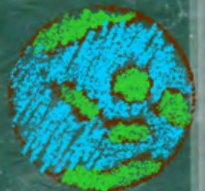
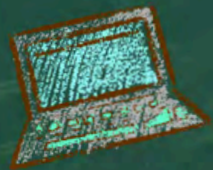
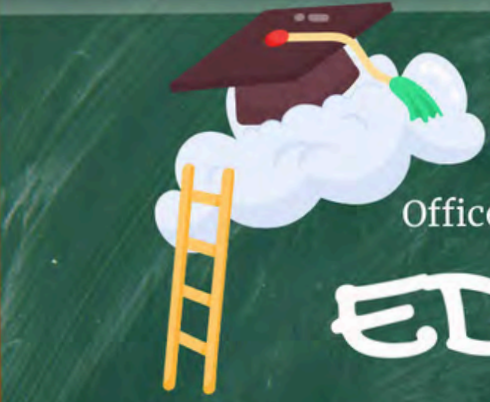
WHAT: Discussion goal is strengthen resources for programs that identify and deliver solutions that address disparities and improve access to opportunities for developing skills and connecting to strong career pathways that are in demand in the current job market, reskilling and upskilling to close talent gaps.

SPEAK UP!!

WHEN:
SEPTEMBER 3RD, 24
4PM - 5PM
TEAMS LINK

ACCESS THE CHILD AND YOUTH PLAN BEFORE THE MEETING

LEARN MORE



HOW TO FIND A MENTOR

Impacting...

- Future leaders
- Under resourced Communities
- Disadvantaged youth
- Minority demographics
- 1st generation youth
- Bilingual/multilingual youth
- Justice involved youth

Benefits

- Life Coaching
- Educational motivation
- Improved mental health
- College readiness
- Social skills
- Financial support
- Field trips/new experiences

Success Story

"It was through this experience that I feel I was much more ready than other girls going into ninth grade and I knew [that] what classes to take, what programs to be apart of, what clubs, events, anything that would make me more competitive to go to college." - Tonya Conchas, Hermanitas participant and mentor

LICENSE TO FREEDOM



DETOUR FANCY
EXPO & LEADERSHIP ACADEMY
FOCUSED AND NATURALLY CONFIDENT YOUTH

Programs & Organizations



MANA
DE SAN DIEGO
Empowering Latinas at Every Stage of Their Lives

Big Brothers Big Sisters.
OF SAN DIEGO COUNTY

CAREERS FOR YOUTH WITH DISABILITIES



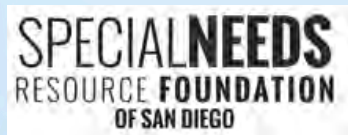
We believe that disabilities should never define the limits of one's success. We are dedicated to encouraging young individuals with disabilities to pursue fulfilling careers and realize their full potential.



TOWARD MAXIMUM INDEPENDENCE
TRANSFORMING LIVES



All of these programs offer a variety of opportunities for career advancement!



Having a supportive team around you is the most important!





CALIFORNIA SERVICE CORPS

Join the Alumni Networking Series This September

SAN DIEGO - SEPTEMBER 12TH

LOS ANGELES - SEPTEMBER 20TH

CALIFORNIA VOLUNTEERS



Office of the Governor

[Please Register](#) and spread the word with current members and alumni you know! Spots are limited.

You're invited to join us as we launch our first in-person California Service Corps Alumni Networking Series! We look forward to seeing you at an event near you this fall! Reconnect with your peers, meet other professionals passionate about service, and have a fun night with good food and drinks. Each event will be co-hosted by California Volunteers and curated with the help of our alumni representatives. Can't wait to see you there!

The Alumni Network is open to all California Service Corps alumni (#CaliforniansForAll College Corps, California Climate Action Corps, #CaliforniansForAll Youth Jobs Corps, and AmeriCorps California).

Alumni have access to a variety of resources and opportunities including:



Networking and Career Development Opportunities



Leadership and Speaking Opportunities



Updates and Stories On Your Program

[JOIN US ON LINKEDIN](#)

[HEAR FROM OUR ALUMNI](#)

[CONNECT WITH US](#)

[RESOURCES FOR AFTER SERVICE](#)

[SHARE YOUR STORY](#)

9 READ A BOOK DAY

WHAT?

Every year in the United States, [September 6th](#) is National Read a Book Day!

National Read a Book Day has its origins in the US in the late 2000's and has been popularized internationally as a day to celebrate the joys of reading by encouraging everyone to pick up a book and read.

National Read a Book Day is the perfect day to get lost in a good book, whether fact or fictional. Encourage others to read books and raising awareness about them.

 [Click Here](#) To Learn More ...

WHY IT'S IMPORTANT?

For those who can read and write, highly skilled, and high-paying careers are within reach. For those who cannot, the options are extremely limited. Even unskilled minimum-wage jobs can be difficult to obtain.

20% of Americans read below the level needed to earn a living wage and 50% of the unemployed between the ages of 16 and 21 cannot read well enough to be considered functionally literate.

California has the lowest percentage of adults with proficient literacy skills with only 43%.

 [Click Here](#) To Learn More ...

CONSEQUENCES OF NOT READING


Cognitive Development

Reading plays a crucial role in cognitive development, and [problem-solving skills](#).

Not engaging with books may result in cognitive stagnation and an increased risk of cognitive decline later in life.

Language Deficiency

Lack of exposure to written language through reading can lead to deficiencies in vocabulary, and language comprehension. This may impede communication skills, academic performance, and professional advancement.

 [Click Here](#) To Learn More ...

WAYS TO START READING TODAY

Know Which Literary Genres Is For You

Find A Cozy Comfortable Spot

Join A Local Book Club

Psychical Books Not Your Thing? Read eBooks

Set a goal to read a little more each day than you normally do

Make It A Competition Within The Household

 [Click Here](#) To Learn More Ways To Get Into Reading More ...

RESOURCES

 [Storytime Services SD](#)

Storytime For All Ages (In Person & Virtual Options)

 [The City of SAN DIEGO Adult and Family Literacy Services](#)

Read/San Diego is a free literacy instruction service for adults 18 years and older.

 [Word's Alive](#) 

San Diego Organization that aims to inspire a love of reading and provide equitable learning opportunities for children, youth, and families.

Building Leadership Skills & Youth Forums

The Importance of Leadership

Every organization, like a school, business, or government agency, needs leaders. Leaders give direction, inspire others, and create a positive environment by encouraging communication and teamwork. Good leadership and management are crucial for any organization to reach its goals.

Leadership Training Resources



Sign up for a San Diego Library Card and get free access!



Work on your public speaking skills!



Leadership Development Programs



Stay tuned for the Youth Leadership Academy in November



Youth Led Initiatives



Lucky Duck Foundation

The Lucky Ducklings (Ducklings) is a youth-led movement whose mission is to alleviate the suffering of those experiencing homelessness throughout San Diego as a part of the Lucky Duck Foundation.

youth will

Youth Will fights for every young person to have everything they need to be happy, healthy and prepared to reach their full potential. They provide youth with the tools and opportunities necessary to succeed and thrive.



The Youth Development & Advocacy programs are preventative and support the entire family from the earliest phases of childhood.



SAN DIEGO YOUTH SERVICES

The Youth Action Board (YAB) offers a safe space in which youth can collaborate with the agency to improve services, identify gaps in services, advocate for youth needs, and gain new connections.

Understanding San Diego's Key Industries

Based on the City of San Diego Economic Development Strategy.

Trade

San Diego exported \$1.2B in 2021, with its top exports mirroring its strengths in technology and defense. In 2021, top exports were fixed-wing aircraft (\$337M), munitions (\$157M), and electronic circuits (\$85.3M).

- [SD Regional Chamber of Commerce External Affairs Internship](#)
- [U.S. Department of Commerce \(Multiple participating offices\)](#)
- [International Rescue Committee Internships](#)

Manufacturing

San Diego is a hub for advanced manufacturing businesses, with more than 4,548 manufacturing establishments currently enabling more than 120K jobs.

- [Qualcomm: Engineering Internships](#)
- [Pfizer: Early Career Opportunities](#)



4 Base Sectors

Military

The U.S. Military employs nearly 150K San Diego residents – approximately 75% active-duty military personnel and 20% civilians – across more than 20 facilities.

- [ROTC](#)
- [Department of Defense: Civilian Internships](#)
- [San Diego Police Department: Cadet Program](#)



Tourism

The tourism industry in San Diego employs approximately 194K workers, and the city welcomes over 35M visitors annually.

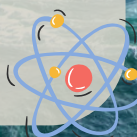
- [Career Opportunities: Balboa Park](#)
- [Volunteer with Balboa Park](#)
- [Career Opportunities: SeaWorld](#)
- [City of San Diego Parks & Recreation Internships](#)



Life Sciences & Technology

San Diego's life sciences cluster spans the professional services, information, and manufacturing industries and creates \$27B in regional economic impact.

- [BioSci Student Success Center](#)
- [San Diego Stem Ecosystem](#)



Construction & Trades

San Diego's construction and trades industries support commercial, residential, and manufacturing spaces throughout the City. In 2022, the construction industry employed nearly 88K workers, making up about 15% of total private sector employment in the region.

- [Pre-Apprenticeship Programs](#)
- [Apprenticeship Programs](#)



ALL ABOUT APPRENTICESHIPS: IS AN APPRENTICESHIP RIGHT FOR YOU?

What is an apprenticeship? According to Indeed, it is a “paid on-the-job workplace program relevant to a particular industry”. Some careers include skilled trades like construction or carpentry, information technology, energy, banking and finance, healthcare, hospitality, sales and marketing, and more. You can learn about the differences between apprenticeships and internships [here](#).



Benefits

- Apprentices become prepared for the needs of a specific industry because the apprenticeship program is guided by that need.
- You're getting paid as you learn! An apprenticeship is a pathway to a career that doesn't require a 4 year degree. Instead of paying for your education, you're getting paid for your education.
- You get hands-on work experience to practice the skills you need; you're not just learning in a classroom.
- Upon completion you get a professional credential like a certification or license that employers across the US will accept, showing that your skills are transferable.
- Learn more about [benefits and careers to choose from](#).

Factors to Consider

- Are you concerned about the cost of higher education? An apprenticeship might be a more cost effective option.
- Do you have a specific industry in mind that you want to pursue, or are you undecided? An apprenticeship is a 3-5 year or longer commitment, so you should have a good idea of what industry you're interested in.
- Do you excel in a classroom setting, or are you a more hands-on learner? An apprenticeship is usually a good option if you like hands-on work.



Opportunities

- The City of San Diego has compiled a [list of apprenticeship opportunities](#).
- Learn more about the [San Diego City College Apprenticeship programs](#).
- You can also search for opportunities [here](#) or [here](#).



GRANDPARENTS DAY



WHY CELEBRATE GRANDPARENTS' DAY?

Sunday, September 8th is the day that honors the adorable bond between the grandparents and their grandchildren. Grandparents Day is a day dedicated to acknowledging and celebrating the important contribution made by grandparents to the wellbeing and education of children within their family. It is an opportunity for family to show their gratitude and respect for the older generation and to honor grandparents.

WHY ARE GRANDPARENTS' IMPORTANT?

Grandparents serve as sources of unconditional love, positive influence, and emotional support for their grandchildren. They contribute to their character development, offer support to parents, and provide a link to family history and traditions. Grandparents are the role models that give emotional support, unconditional love. They are the ones that spoils you the most.



➔ HOW TO CELEBRATE FOR FREE?

Cook A Family Recipe Together



Sleepovers



Interview With Grandparents

Reminisce On Old Memories



➔ HOW TO CELEBRATE ON A BUDGET?

Matching T-Shirts



Movie Date



Story Worth



Family Photoshoot



Financial Growth



Importance



Understanding financial growth and literacy is important because it helps you make smart decisions about your money. When you know how to **save**, **budget**, and **spend** wisely, you can reach your goals, avoid debt, and feel confident about your future. Learning these **skills** early sets you up for a successful, stress-free life where you can afford the things you want and need, and even help others. It's all about having **control** over your money, rather than letting **money** control you.

Explore



Here are a few interactive games/tools to look at the offer free financial literacy for youth that are fun:

- ▶ **Balance My Budget:** Make choices about how to meet basic needs and treat yourself with a splurge here and there, while sticking to a monthly budget.
- ▶ **Money Trail:** Starting with \$500 in your bank account, make decisions about how to earn and spend.



50/30/20 Method

READ MORE

Budgeting Basics



RESOURCE DATABASE FOR YOUTH: A COMPILATION OF RESOURCES

General databases/search engines:



211 San Diego is a source for information and connections to community resources. They have a database of over 6,000 services and resources. **You can dial 211 for assistance** or search [their database](#). Help is available everyday all day in more than 200 languages. 211 is not specific to youth, but you can find many youth-specific providers by searching “youth” in the search engine.

Just in Time (JIT) CONNECT is a database that allows you to filter by category of the services you are in need of. You can choose food, housing, finance, education, career, wellness, community, or life skills. Although the database is provided by JIT for Foster Youth, the services are not just for foster youth and can be utilized by anyone in need of them.



Organizations/Non-profits offering a variety of services:



San Diego Youth Services offers many different services including support for foster care, adoption, mental health, and LGBTQ+ youth; homeless housing and support; workforce development; domestic violence prevention; juvenile delinquency diversion and intervention; and more!

For those in need of childcare, the YMCA lets you [search for childcare providers in San Diego](#). You can either look through their online referral database or use their enhanced referral system where a childcare consultant helps you find a provider for free. The YMCA also offers [youth and family services](#) including behavioral and mental health services, transitional housing and more.



Environmental Justice Advocacy

South San Diego



What is environmental justice?

The federal Environmental Protection Agency (EPA) defines **environmental justice** as the fair treatment and meaningful involvement of all people regardless of race, color, national origin, or income with respect to the development, implementation and enforcement of environmental laws, regulations and policies.



Learn more about the **Environmental Justice Element**, the City's plans toward a more equitable future, policies that inform City decision-making, proposed activities that build on existing programs to advance environmental justice, and a description of areas of the City most impacted and negatively affected by environmental burdens and associated health risks – collectively known as Environmental Justice Communities (EJ Communities).

The History

San Diego, California, features a mix of residential, commercial, and industrial sites. Since the 1900s, diverse populations, including Chicano, Mexican, Asian, and Black communities, settled in areas like Barrio Logan. Following World War II, rapid population growth and military investment led to significant development. The construction of Interstate 5 split the neighborhood into Logan Heights and Barrio Logan, while the San Diego-Coronado Bridge further displaced residents, increasing traffic and pollution. The rapid development resulted in poorly planned communities where residential areas and industrial zones are intertwined, leading to a dangerous mix of homes, schools, and hazardous facilities. Despite Barrio Logan's industries producing large amounts of hazardous waste, residents only recently became aware of the associated health risks. This predominantly minority community continues to live in one of San Diego's most polluted areas.



Construction of the Coronado Bridge



Chicano Park National Historic Landmark



Learn about the inspiring history on the creation of Chicano Park, a testament to community activism and organization.



San Diego Coastkeeper is a major force in transforming the San Diego region into a leader in sustainable water management. Check out their volunteer opportunities to keep our water clean.

Get Involved!

youth will

Youth Will hosts a biweekly Climate Justice Action Team meeting!



Environmental Health Coalition is dedicated to achieving environmental and social justice. EHC supports broad efforts that create a just society and fosters a healthy and sustainable quality of life.



Check out this article to see what youth climate justice activists are doing around the world to impact their community.



World's Youth for Climate Justice is a global campaign to take climate change and human rights to the International Court of Justice (ICJ) to seek an Advisory Opinion.

17 Upcoming Events

➔ [Find More Events Here . . .](#)

FREE DANCE CLASS FOR KIDS

Sat., September 7th @ 11:30am

Join the San Diego Ballet for FREE Youth Ballet/ Jazz classes Saturday mornings at the City Heights Library Performance Annex! Ages 6-12

NATIONAL JOB FAIR

Wed., September 11th @ 10am

Attendees are encouraged to come prepared with multiple copies of their resume, dress professionally to make a strong impression, and maintain a positive attitude throughout the event.

4TH ANNUAL COMMUNITY HEALTH & STEM FEST

Wednesday, September 14th @ 8am - 4pm

Community Health & STEM Event offering entertainment, education, & resources to engage families & residents of San Diego County

HUNGER AWARENESS CAMPAIGN

Thursday, September 19th @ 12pm - 1:30pm

Learn more about the efforts in our community to bring hunger awareness to the forefront of the conversations about poverty and nutrition.

EARLY LEARNERS CLUB

Saturday, September 21st @ 10am

This is a Free event that provides extended learning for early learners and their families. Every Saturday from 10am to 1130am.

CONQUER YOUR FEAR OF PUBLIC SPEAKING

Saturday, September 21st, @ 8am

Overcome public speaking fear with gradual exposure, in a supportive environment. Observe a free trial to see if it's right for you. Virtual Event.

OPEN MIC NIGHT

Friday, September 27th, @ 5pm - 9:30pm

We welcome all poets, bands, singers, rappers, comedians, instrumentalists!

Sign up book opens at 5pm.

Performances are from 6pm - 9:30pm