

# COUNCILMAN MARK KERSEY

NEWS AND INFORMATION FROM THE FIFTH DISTRICT



## COVID-19 Update and Resources

JUNE 5, 2020

District Five Residents,

Below are the latest COVID-19 updates and resources you may find useful:

**Beach and Water Reopenings** – Mayor Kevin Faulconer has announced more openings for responsible use in the coming week. They include:

- June 8** - **East and West Mission Bay Park** open for water use
  - **Fiesta Island** opens for pedestrians, dogs and cyclists
- June 9** - All piers and boardwalks open
- June 12**- **Balboa Park Central Mesa** opens
  - **Balboa Park** parking lots at 100% capacity
- July 6** - **Fiesta Island** open to vehicles

**Increased Contact Tracing** – Contact tracing is a decades-old method used by health departments to contain the spread of infectious diseases, by immediately identifying close contacts of individuals who test positive. The County has been scaling-up its contact tracing efforts to fight COVID-19. For more information on what to expect if a contact tracer calls you, [visit the County of San Diego's website](#).

**Verification at Hotels and Lodging Establishments** – Guests at hotels and lodging establishments in California are now required to certify that they meet criteria in order to stay. [Click here to see the certification and the list of groups who are allowed to stay at hotels](#).

**COVID-19 Food Drive** – Gather your canned and dried food to help those in need. You can bring items to the drive-thru food drive for the San Diego Food Bank on **Saturday, June 6 from 9 am to 12 noon** at 12835 Black Mountain Road, SD, CA 92127. You can also make a monetary donation at the [San Diego Food Bank's website](#).

For the latest info on COVID-19 in San Diego County, [click here](#).

[Guide to City Services](#) – What's open and what's closed

[Scripps Health Nurse Line](#)

888-261-8431

[Sharp Healthcare Nurse Line](#)

800-827-4277

[UC San Diego Health Nurse Line](#)

800-926-8273

[Kaiser Permanente Information Line](#)

877-813-7297

[Palomar Health Information](#)



**Face Masks Required** – A reminder that San Diego County requires everyone to wear a facemask in many public settings. This is important to prevent the spread of the coronavirus and key to a continued safe reopening of our economy. [Read more on when you are required to wear a mask.](#)

### **City Council News**

**Resolution to Denounce Xenophobia and Anti-Asian Racism** – This week the City Council unanimously approved a resolution denouncing xenophobia and anti-Asian racism due to the COVID-19 pandemic.

**COVID-19 Rental Assistance Program** – This week the City Council approved the creation of an Emergency Rental Assistance Program to help San Diego renters and landlords. Further details will be discussed in upcoming meetings.

### **Other Resources**

**Parks, Beaches and Lakes** – Parks, beaches and some lakes are open for restricted use. Check [here for guidelines and list of open parks](#). Information about [Beaches can be found here](#). A list of open [City Lakes can be found here](#).

**Antibody Testing** – Genalyte has partnered with the San Diego Blood Bank to offer antibody testing, which can show whether your body has had an immune response to the SARS-CoV-2 virus. You can find out more information at [Genalyte's website](#).

### **Online Education and Entertainment**

**Libraries** – City libraries remain closed to the public, but [contactless pickup](#) is available. Many library services, including borrowing digital books and magazines, are available online through the [City of San Diego's eLibrary](#). The County of San Diego also offers an array of [online library services](#).

**Online Classes and Certifications** – Those looking to expand their skills can take free online classes including accounting, healthcare and law through the San Diego Public Library. Certifications are also available. For more information and a list of classes, visit [the Library's Gale Course website](#).

**The Old Globe Online Theatre Program** – The Old Globe offers online programs and talks with actors and directors who share their thoughts and some performances via the internet. [Check out the offerings at their website](#).

### **Mental Health Resources**

The outbreak of infectious diseases such as COVID-19 can be stressful for individuals and communities. It is not uncommon to feel anxious or worried while listening, reading or watching the news. While it's necessary to keep up-to-date and make changes to daily life in order to help control the spread of COVID-19, the constant news cycle coupled with social distancing measures can have a real impact on mental health. Find resources to manage your mental health for [families, parents and caregivers here](#).

**Access and Crisis Line** – The San Diego Access and Crisis Line is operated by OptumHealth and offers SD County residents free confidential counseling and community resources. Staff are master's level and/or licensed mental health [professionals who provide compassionate and knowledgeable support to callers](#).

### **Economic and Food Assistance**

**Senior Meal Program Open for Enrollment** – *Great Plates Delivered: Home Meals for Seniors* program is a temporary program that delivers meals to older adults who meet age and other eligibility criteria. For information on how to apply, call (800) 339-4661 or visit the [County's enrollment website](#).

**CARES Act Funding for Small Business** – Funding remains available for small businesses through the Small Business Administration. More information is available at the SBA's [Coronavirus Relief Options page](#).

**Jobs Available on the Workforce Partnership Portal** – San Diego Workforce Partnership has hundreds of available jobs posted on its [Career Portal](#). The organization also has links to childcare resources, work transition webinars and information for employers.