

## Protect Your Identity and

## Save Natural Resources

## Is your mail box full of unwanted advertisements?

To reduce the volume of solicitation sent via the US Postal Service, contact the credit reporting agencies and the Direct Marketing Association and request to opt out of receiving mail advertisements. Opting out not only reduces the risk of identity theft, but also reduces pounds of unwanted mail, which in turn conserves resources by decreasing the use of paper and printing ink.

Reduce credit and insurance offerings by calling the three top credit reporting agencies, Trans Union, Equifax and Experian at 1-888-567-8688.

Trim down direct email advertisements by writing to:
Direct Marketing Association
Mail Preference Service
P.O. Box 643
Carmel, NY 15012-0643

Request to "activate the preference service" and include your complete name, address and zip code. You can include a postcard requesting a written confirmation that your request has been taken care of.

For more information go to:
<a href="http://www.creditsourceonline.com/opt-out.html">http://www.creditsourceonline.com/opt-out.html</a>
and
<a href="http://www.dmaconsumers.org/dmasponsorship.html">http://www.dmaconsumers.org/dmasponsorship.html</a>

For more information on how to recycle here, please contact

 at