

Join Park Rangers and Recreation Staff for some exercise, education and fun! See program descriptions below.

Keep an eye out for young birds, reptiles and mammals. Please watch your step, and report wildlife in distress to park staff.

Park Ranger-led walk at Chollas Lake



### Please Notice This



\*Weather or hazards may close the park at any time. Check our answering machine for up to date info: (619) 527-7683. Normal closing times are posted at all vehicle entrances.

### **Recreation Programs**

### Children's Fishing Clinic

The clinic is free for children 15 and under. Join us! to 2:00 pm.

### **Borrow a Game**

Enjoy a board game with friends and family!

### **Archery Class**

Join our Recreation Leaders to enjoy this fun activity for all ages and abilities!

#### **Nature Crafts**

Join our Recreation Leaders and Park Rangers to create fun craft items Saturdays and Sundays, 11:30 am to 2:00 pm.

Chollas Lake, 6350 College Grove Dr.

Mondays, 12:00 pm to 1:30 pm Choose a game at the Park Office

Sundays, 11:00 am to 12:00 pm, and Adults only on Mondays from 2:30 pm to 3:30 pm Meet at the Camp Office

Saturdays, 11:30 am to 1:00 pm

Meet at the Camp Office

# TRAIL UPDATES

- Weather events may necessitate trail closures. Call ahead to stay informed: (619) 527-7683
- See something unsafe on City property? Use the Get It Done app:

www.sandiego.gov/get-it-done

### **Park Ranger Programs and Events!**

# Beyond Chollas Lake: The Beauty of North Chollas

Join Park staff, Whitney Haluza to discover the Beauty of North Chollas, a flourishing riparian and shrub land area. 2 miles, with incline and hills. \* No strollers

### Kumeyaay Ethnobotany Hike

Discover how local plants are used by Native people on this intermediate, 2 1/2 mile hike. \*No strollers.

### Explorations with a Ranger

Join Ranger Najja Lyon for an exploration of the park. Bring your inquisitive mind and comfortable shoes! 2 miles. \*No strollers.

## Wheelchair-Accessible Botanical Tour at Charles Lewis III Memorial

**Park** An exciting journey through a lesser- known botanical treasure with wildflowers galore! Wheelchair and stroller accessible!

### Saturday, May 4 at 1:00 pm

Location: Meet at the comfort station, near the ball field at the north end of the parking lot. North Chollas Community Park, 5598 Chollas Station Rd, San Diego, CA 92115

### Saturday, May 11 at 1:00 pm

Location: Meet at parking lot 6350 College Grove Dr, San Diego, CA 92115

### Monday, May 20 at 2:00 pm

Location: Meet at the parking lot. 6350 College Grove Dr, San Diego, CA 92115

#### Saturday, May 25 at 11:00 am

Location: Meet at Charles Lewis III Memorial Park (4639 Home Avenue, San Diego, CA 92105) \*Plan to arrive early to find street parking.