

BLOOD LEAD TESTING PROVIDERS San Diego Region

April 17, 2024 (This guide is for information purposes only and may not be current).

The City of San Diego Lead Hazard Prevention and Control Ordinance requires that a child between the ages of six months and seven years, prior to enrolling in a licensed child care facility, must have the child’s blood lead levels be tested (requirement as of May 9, 2008). Childcare providers must obtain evidence of a blood lead test prior to admission, or no later than thirty days after admission. A parent or legal guardian needs to obtain a statement from a physician or health care provider that the child has been tested in accordance with applicable criteria mandated by the State of California.

Following is a list of various clinics that provide blood lead testing. Parents are encouraged to go to their child’s regular doctor to have the test performed. Large health care providers (i.e., Rady Children’s, Sharp, Kaiser, Scripps, UCSD, etc.) are not included in the list below but may be your best option if that is where you normally go for your child’s medical care. **Contact the Health Center/Clinic to confirm information and to make an appointment before visiting.**

CLINICS	FINGER PRICK	VENOUS DRAW
<p>La Maestra Community Health Centers</p> <p><i>La Maestra Community Health Center Main Medical Clinic</i> 4060 Fairmount Avenue, San Diego, CA 92105 Ph. 619-584-1612</p> <p><i>La Maestra Community Health Center National City Medical Clinic</i> 217 Highland Avenue, National City, CA 91950 Ph. 619-434-7308</p>	<p>X</p> <p>X</p>	<p>X</p> <p>X</p>

CLINICS	FINGER PRICK	VENOUS DRAW
Operation Samahan, Inc. Clinic		
Granger School Based Health Center 2101 Granger Ave. Ste.. 101A National City, CA 91950 Ph. 619-434-9675	X	
Operation Samahan Mira Mesa 10737 Camino Ruiz Ste. 235 San Diego, CA 92126 Ph. 858-578-4220	X	
Rancho Penasquitos Community 9995 Carmel Mountain Rd. Suite B10-11 San Diego, CA 92129 Ph. 844-200-2426	X	
Other Clinics		
Children's Primary Care Medical Group, Inc. 7300 Girard Ave., Ste. 106 La Jolla, CA 92037 Ph. 858-459-4351	X	
Children's Primary Care Medical Group, Inc. 4150 Regents Park Row, Ste. 355 La Jolla, CA 92037 Ph. 858-457-2043	X	
Advanced Pediatric Medical Group, Inc. 5222 Balboa Ave, Ste. 42 San Diego, CA 92117 Ph. 858-268-0702	X	
Children's Health Care Medical Associates 550 Washington St., Se 300 San Diego, CA 92103 Ph. 619-297-5437	X	
Teresita T Barbadillo MD, Inc 655 Euclid Ave., Ste 201 National City, CA 91950 Ph. 619-267-8601	X	

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<p>Children's Primary Care Medical Group, Inc 1107 Mission Rd. Fallbrook, CA 92028 Ph. 760-451-0070</p>	X	
<p>Imperial Beach Community Clinic 949 Palm Avenue Imperial Beach, CA 91932 Ph. 619-429-5387</p>	X	
Family Health Centers		
<p>City Heights Family Health Center 5454 El Cajon Blvd, San Diego, CA 92115 Ph. 619-515-2400</p>		X
<p>Downtown Family Health Center 1550 Broadway Ste. 2, San Diego, CA 92101 Ph. 619-515-2525</p>		X
<p>Beach Area Family Health Center 3705 Mission Blvd., San Diego, CA 92109 Ph. 619-515-2444</p>		X
<p>Logan Heights Family Health Center 1809 National Avenue, San Diego, CA 92113 Ph. 619-515-2300</p>		X
<p>North Park Family Health Center 3544 30th Street, San Diego, CA 92104 Ph. 619-515-2424</p>		X
<p>Sherman Heights Family Health Center 2391 Island Avenue, San Diego, CA 92102 Ph. 619-515-2435</p>		X

CLINICS	FINGER PRICK	VENOUS DRAW
Children's Primary Care Medical Group, Inc. 292 Euclid Avenue, Suite 220, San Diego, CA 92114 Ph. 619-262-8624		X
Chula Vista Family Health Center 251 Landis Avenue, Chula Vista, CA 91910 Ph. 619-515-2500		X
San Diego Family Care		
Linda Vista Health Clinic 6973 Linda Vista Road San Diego, CA 92111 Ph. 858-279-0925		X
Mid-City Community Clinic Pediatrics 4305 University Ave. San Diego, CA 92105 Ph. 619-280-2058		X
San Ysidro Health Centers		
Main Number - All locations - 619-662-4100		
San Ysidro Health Center 4004 Beyer Blvd, San Ysidro, CA 92139	X	X
National City Family Clinic 1136 D Avenue National City, CA 91950	X	X
Chula Vista Family Clinic 678 Third Avenue, Chula Vista, CA 91910	X	X

CLINICS	FINGER PRICK	VENOUS DRAW
Children's Primary Care Medical Group, Inc. 292 Euclid Avenue, Suite 220 San Diego, CA 92114 Ph. (619) 262-8624	X	X
Comprehensive Health Center - Downtown 140 Elm Street San Diego, CA 92101 Ph. (619) 515-2520	X	X
Comprehensive Health Center - Logan Heights 3177 Ocean View Boulevard San Diego, CA 92113 Ph. (619) 662-4100	X	X
Otay Medical Center 1635 Third Ave Suites J Chula Vista, CA 91911 Ph. (619) 426-8121	X	X
Chula Vista Family Health Center 251 Landis Ave. Chula Vista, CA 91910 Ph. (619) 515-2500	X	X
Paradise Hills Family Clinic 2400 E 8th St National City, CA 91950 Ph. (619) 662-4100	X	X

Childhood lead poisoning is the greatest preventable environmental disease affecting children today. The highest risk is for children under six as their brains and nervous systems are still developing and are more sensitive to the damaging effects of lead. The Centers for Disease Control and Prevention (CDC) recommends testing blood for lead exposure. There are often no apparent symptoms when a child is exposed to lead. The CDC currently uses a blood lead reference value (BLRV) of 3.5 micrograms of lead per deciliter of blood to identify children with blood lead levels that are higher than most children's levels. Children with blood lead levels at or above the BLRV are among the top 2.5% of U.S. children with the highest blood lead levels.

Don't hesitate to contact the Lead Safety and Healthy Homes Program for assistance!
 858-694-7000 • Lead-safe@sandiego.gov • sdhealthyhomes.org