

## September 2013 Volunteer Events

### Thursday September 5<sup>th</sup>

- **Social Connection (TRS):** 4:00pm-6:00pm Contact Recreation Specialist Andrea Esposito at (619) 236-7753

### Saturday September 7<sup>th</sup>

- **Ruffin Canyon Park Work Party Serra Mesa:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619)235-5262 or [JWAllen@saniego.gov](mailto:JWAllen@saniego.gov)
- **University Heights Work Party:** 1:00pm-3:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@saniego.gov](mailto:JWAllen@saniego.gov)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavallee at (858) 581-9961
- **Adopt-A-Trail One Father Barker Way Trail, Cowels Mountain** 8:00am-11:00am  
Contact: [mikashimada@saniego.gov](mailto:mikashimada@saniego.gov) (619) 665-9745

### Saturday September 14<sup>th</sup>

- **Friends of Famosa Slough Work Party:** 9:00am-12:00pm Contact Park Ranger Stephanie Ferris at (858) 581-7604
- **Gonzalez Canyon Work Party:** 9:00am-12:00pm Contact Park Ranger Lisa Wilson at (858)538-8071 or [ldwilson@saniego.gov](mailto:ldwilson@saniego.gov)

### Saturday September 21<sup>st</sup>

- **47<sup>th</sup> Street Canyon Enhancement (City Heights):** 1:00pm-4:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@saniego.gov](mailto:JWAllen@saniego.gov)
- **Juniper Canyon Work Party:** 8:00am-11:00am Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@saniego.gov](mailto:JWAllen@saniego.gov)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavallee at (858) 581-9961

### Saturday September 28<sup>th</sup>

- **Chollas Creek Work Party:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@saniego.gov](mailto:JWAllen@saniego.gov)
- **Navajo Canyon Restoration Work Party:** 2:30pm-4:30pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@saniego.gov](mailto:JWAllen@saniego.gov)

### Sunday September 29<sup>th</sup>

- **Penasquitos Canyon Work Party:** 8:30am-11:00am Contact Park Ranger John Garwood at (858) 538-8060 or [JGarwood@saniego.gov](mailto:JGarwood@saniego.gov)

**Volunteer Age Requirement:** The minimum age is 8 with an adult and 13 without an adult. Youth ages 13 and over must have parent/legal guardian signed waiver prior to volunteering. Please download the waiver and bring it with you to the event (waiver can also be signed on day of event).

**If you are interested in long term volunteer opportunities contact the City of San Diego Park and Recreation Department Volunteer Office at (619) 533-4017**

**TRS- Therapeutic Recreation Services**

## October 2013 Volunteer Events

### Thursday October 3<sup>rd</sup>

- **Social Connection (TRS):** 4:00pm-6:00pm Contact Recreation Specialist Andrea Esposito at (619) 236-7753

### Saturday October 5<sup>th</sup>

- **Ruffin Canyon Park Work Party Serra Mesa:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619)235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **University Heights Work Party:** 1:00pm-3:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavallee at (858) 581-9961

### Saturday October 12<sup>th</sup>

- **Mission Trails Habitat Crew\*\*:** 8:00am - 11:00am Contact Ranger Mika Shimada at (619) 665-9745 or [mikashimada@sandiego.gov](mailto:mikashimada@sandiego.gov)

### Saturday October 19<sup>th</sup>

- **47<sup>th</sup> Street Canyon Enhancement (City Heights):** 1:00pm-4:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Juniper Canyon Work Party:** 8:00am-11:00am Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Mission Trails Trail Rehabilitation Crew:** 8:00am-12:00pm Contact Park Ranger M. Naidas at (619) 668-3277 or [mnaidas@mtrp.org](mailto:mnaidas@mtrp.org)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavallee at (858) 581-9961

### Saturday October 26<sup>th</sup>

- **Chollas Creek Work Party:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Mission Trails Park Beautification Crew:** 8:00am -12:00pm Contact GMW Tom Folk at (619) 668-3281 or [tfolk@mtrp.org](mailto:tfolk@mtrp.org)
- **Navajo Canyon Restoration Work Party:** 2:30pm-4:30pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)

### Sunday October 27<sup>th</sup>

- **Penasquitos Canyon Work Party:** 8:30-11:00am Contact Park Ranger John Garwood at (858) 538-8060 or [JGarwood@sandiego.gov](mailto:JGarwood@sandiego.gov)

**Volunteer Age Requirement:** The minimum age is 8 with an adult and 13 without an adult. Youth ages 13 and over must have parent/legal guardian signed waiver prior to volunteering. Please download the waiver and bring it with you to the event (waiver can also be signed on day of event).

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**TRS- Therapeutic Recreation Services**

## November 2013 Volunteer Events

### Saturday November 2<sup>nd</sup>

- **Ruffin Canyon Park Work Party Serra Mesa:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619)235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **University Heights Work Party:** 1:00pm-3:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavallee at (858) 581-9961 or [jlavallee@sandiego.gov](mailto:jlavallee@sandiego.gov)

### Thursday November 7<sup>th</sup>

- **Social Connection (TRS):** 4:00pm-6:00pm Contact Recreation Specialist Andrea Esposito at (619) 236-7753

### Saturday November 9<sup>th</sup>

- **Friends of Famosa Slough Work Party:** 9:00am-12:00pm Contact Park Ranger Stephanie Ferris at (858) 581-7604 or [sferris@sandiego.gov](mailto:sferris@sandiego.gov)
- **Gonzalez Canyon Work Party:** 9:00am-12:00pm Contact Park Ranger Lisa Wilson at (858)538-8071 or [ldwilson@sandiego.gov](mailto:ldwilson@sandiego.gov)
- **Mission Trails Habitat Crew\*\*:** 8:00am - 11:00am Contact Ranger Mika Shimada at (619) 665-9745 or [mikashimada@sandiego.gov](mailto:mikashimada@sandiego.gov)

### Saturday November 16<sup>th</sup>

- **47<sup>th</sup> Street Canyon Enhancement (City Heights):** 1:00pm-4:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Juniper Canyon Work Party:** 8:00am-11:00am Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Mission Trails Trail Rehabilitation Crew:** 8:00am-12:00pm Contact Park Ranger M. Naidas at (619) 668-3277 or [mnaidas@mtrp.org](mailto:mnaidas@mtrp.org)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavallee at (858) 581-9961 or [jlavallee@sandiego.gov](mailto:jlavallee@sandiego.gov)

### Saturday November 23<sup>rd</sup>

- **Chollas Creek Work Party:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)
- **Mission Trails Park Beautification Crew:** 8:00am -12:00pm Contact GMW Tom Folk at (619) 668-3281 or [tfolk@mtrp.org](mailto:tfolk@mtrp.org)
- **Navajo Canyon Restoration Work Party:** 2:30pm-4:30pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sandiego.gov](mailto:JWAllen@sandiego.gov)

### Sunday November 24<sup>th</sup>

- **Penasquitos Canyon Work Party:** 8:30am-11:00am Contact Park Ranger John Garwood at (858) 538-8060 or [JGarwood@sandiego.gov](mailto:JGarwood@sandiego.gov)

**Volunteer Age Requirement:** The minimum age is 8 with an adult and 13 without an adult. Youth ages 13 and over must have parent/legal guardian signed waiver prior to volunteering. Please download the waiver and bring it with you to the event (waiver can also be signed on day of event).

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**TRS- Therapeutic Recreation Services**

## December 2013 Volunteer Events

### Thursday December 5<sup>th</sup>

- **Social Connection (TRS):** 4:00pm-6:00pm Contact Recreation Specialist Andrea Esposito at (619) 236-7753

### Saturday December 7<sup>th</sup>

- **Ruffin Canyon Park Work Party Serra Mesa:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619)235-5262 or [JWAllen@sanidiego.gov](mailto:JWAllen@sanidiego.gov)
- **University Heights Work Party:** 1:00pm-3:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sanidiego.gov](mailto:JWAllen@sanidiego.gov)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavalley at (858) 581-9961
- **Adopt-A-Trail Barker Way Trail, Cowles Mountain:** 8:00am-11:00am  
Contact: [Mikashimada@sanidiego.gov](mailto:Mikashimada@sanidiego.gov) or (619)665-9745

### Saturday December 14<sup>th</sup>

- **Mission Trails Habitat Crew\*\*:** 8:00am - 11:00am Contact Ranger Mika Shimada at (619) 665-9745 or [mikashimada@sanidiego.gov](mailto:mikashimada@sanidiego.gov)

### Saturday December 21<sup>st</sup>

- **47<sup>th</sup> Street Canyon Enhancement (City Heights):** 1:00pm-4:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sanidiego.gov](mailto:JWAllen@sanidiego.gov)
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- **Mission Trails Trail Rehabilitation Crew:** 8:00am-12:00pm Contact Park Ranger M. Naidas at (619) 668-3277 or [mnaidas@mtrp.org](mailto:mnaidas@mtrp.org)
- **Weed Warriors at Tecolote Nature Center:** 9:00am-11:00am Contact Park Ranger Janice Lavalley at (858) 581-9961 or [jlavalley@sanidiego.gov](mailto:jlavalley@sanidiego.gov)

### Saturday December 28<sup>th</sup>

- **Chollas Creek Work Party:** 9:00am-12:00pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sanidiego.gov](mailto:JWAllen@sanidiego.gov)
- **Mission Trails Park Beautification Crew:** 8:00am -12:00pm Contact GMW Tom Folk at (619) 668-3281 or [tfolk@mtrp.org](mailto:tfolk@mtrp.org)
- **Navajo Canyon Restoration Work Party:** 2:30pm-4:30pm Contact Park Ranger Jason Allen at (619) 235-5262 or [JWAllen@sanidiego.gov](mailto:JWAllen@sanidiego.gov)

### Sunday December 29<sup>th</sup>

- **Penasquitos Canyon Work Party: 8:30-11:00am** Contact Park Ranger John Garwood at (858) 538-8060 or [JGarwood@sanidiego.gov](mailto:JGarwood@sanidiego.gov)
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