

Aquatics Schedule Effective May 13, 2024

This document is updated on a periodic basis. Please call the pool for the most accurate hours.

Lap Swim							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Allied Gardens*	8am - 12pm 4pm - 7pm	2:00 pm - 5:00 pm	8am - 12pm 4pm - 7pm	2:00 pm - 5:00 pm	8am - 12pm 4pm - 7pm	12:00 pm - 4:00pm	
Bud Kearns*	4:00 pm - 7:00 pm	9:00 am - 8:00 pm	4:00 pm - 7:00 pm	9:00 am - 8:00 pm	4:00 pm - 7:00 pm	10 - 11:30 am 12:30-3:30pm	
Carmel Valley	3:00 pm - 6:00 pm	3:00 pm - 6:00 pm		3:00 pm - 6:00 pm			
City Heights	2:00 pm - 5:00 pm	2:00 pm - 6:30 pm	2:00 pm - 5:00 pm	2:00 pm - 6:30 pm	2:00 pm - 5:00 pm		11:00 am - 3:00 pm
Clairemont*	12 - 3:45 pm 6 - 8 pm*	11am - 3:45pm 6 - 8 pm*	12 - 3:45 pm 6 - 8 pm*	11am - 3:45pm 6 - 8 pm*	12 - 3:45 pm 6 - 8 pm*	11:00 am - 3:00 pm	
Colina Del Sol	CLOSED						
Kearny Mesa	CLOSED - Programs moved to Swanson						
Martin Luther King Jr.		1:00 pm - 5:00 pm	1:00 pm - 7:00 pm	1:00 pm - 5:00 pm	1:00 pm - 5:00 pm	12:00 pm - 4:00 pm	
Memorial	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm		
Ned Baumer	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm		
Swanson		12:00 pm - 5:00 pm	12:00 pm - 4:00 pm	12:00 pm - 5:00 pm	12:00 pm - 4:00 pm	11:00 am - 3:00 pm	12:00 pm - 5:00 pm
Standley	CLOSED FOR MAINTENANCE 5/13 - 6/2						
Tierrasanta	11:00 am - 4:00 pm		11:00 am - 4:00 pm		11:00 am - 4:00 pm		
Vista Terrace	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm		

*See next page for Recreational Swim
Pools closed May 27, June 8, June 19*

Recreational Swim							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Allied Gardens	9:00 am - 12:00 pm	2:00 pm - 4:00 pm	9:00 am - 12:00 pm	2:00 pm - 4:00 pm	9:00 am - 12:00 pm	12:00 pm - 4:00 pm	
Bud Kearns		4:00 pm - 7:00 pm		4:00 pm - 7:00 pm	4:00 pm - 7:00 pm	10 - 11:30 am 12:30-3:30pm	
Carmel Valley							
City Heights**	2:00 pm - 5:00 pm	2:00 pm - 5:00 pm	2:00 pm - 5:00 pm	2:00 pm - 5:00 pm	2:00 pm - 5:00 pm		11:00 am - 3:00 pm
Clairemont	12:00 pm - 3:45 pm	12:00 pm - 3:45 pm	12:00 pm - 3:45 pm	12:00 pm - 3:45 pm	12:00 pm - 3:45 pm	12:00 pm - 3:00 pm	
Colina Del Sol	CLOSED						
Kearny Mesa	CLOSED - Programs moved to Swanson						
Martin Luther King Jr.		1:00 pm - 5:00 pm	1:00 pm - 7:00 pm	1:00 pm - 5:00 pm	1:00 pm - 5:00 pm	12:00 pm - 4:00 pm	
Memorial***	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm	12:00 pm - 6:00 pm		
Ned Baumer**	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm		
Swanson		12:00 pm - 5:00 pm	12:00 pm - 4:00 pm	12:00 pm - 5:00 pm	12:00 pm - 4:00 pm	11:00 am - 3:00 pm	12:00 pm - 5:00 pm
Standley	CLOSED FOR MAINTENANCE 5/13 - 6/2						
Tierrasanta (Main pool only)	12:00 pm - 4:00 pm		12:00 pm - 4:00 pm		12:00 pm - 4:00 pm		
Vista Terrace***	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm		

* Limited lanes at certain times of day. Please call ahead.

**Operation of the slides & children's pool is dependent on multiple factors. Please call ahead.

***Shallow end only

Pools closed May 27, June 8, June 19

See next page for Water Fitness

Water Fitness - Spring 2023

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<i>Allied Gardens</i>	8:00 am - 9:00 am	5:30 pm - 6:30 pm	8:00 am - 9:00 am	5:30 pm - 6:30 pm	8:00 am - 9:00 am		
<i>Bud Kearns**</i>		9:00 am - 10:00 am		9:00 am - 10:00 am		9am - 10am 10:30-11:30am	
<i>Carmel Valley</i>	3:00 pm - 4:00 pm	3:00 pm - 4:00 pm		3:00 pm - 4:00 pm			
<i>City Heights</i>	5:15 pm - 6:15 pm		5:15 pm - 6:15 pm				11:00 am - 12:00 pm
<i>Clairemont</i>		11:00 am - 12:00 pm		11:00 am - 12:00 pm		11:00 am - 12:00 pm	
<i>Colina Del Sol</i>	CLOSED						
<i>Kearny Mesa</i>	CLOSED - Programs moved to Swanson						
<i>Martin Luther King Jr.</i>							
<i>Memorial</i>							
<i>Ned Baumer</i>							
<i>Swanson</i>		10 am - 11 am* 11am - 12pm	10 am - 11 am 11am - 12pm*	10 am - 11 am* 11am - 12pm	10 am - 11 am 11am - 12pm*		10 am - 11 am* 11am - 12pm
<i>Standley</i>	CLOSED FOR MAINTENANCE 5/13 - 6/2						
<i>Tierrasanta</i>	11:00 am - 12:00 pm				11:00 am - 12:00 pm		
<i>Vista Terrace</i>		6:00 pm - 7:00 pm		6:00 pm - 7:00 pm			

*Arthritis class

**Deep end only

***Shallow end only

Pools closed May 27, June 8, June 19

Water Fitness Admission Fees:

\$ 4.00 /Class

\$ 33.00 /10 Classes

ALL PARTICIPANTS MUST SIGN A WAIVER PRIOR TO THE START OF CLASS