

Medical Provider Network (MPN) For Work Related Injuries



OCCUPATIONAL MEDICAL CLINICS



NORTH COUNTY
★ **1N RANCHO BERNARDO**
858-521-2350
16899 W. BERNARDO DRIVE
OCCUPATIONAL HEALTH SERVICES
MON - FRI : 8 A.M. - 5 P.M.
URGENT CARE SERVICES
DAILY : 8 A.M. - 8 P.M.

★ **1C SORRENTO MESA**
858-526-6150
10243 GENETIC CENTER DRIVE
OCCUPATIONAL HEALTH SERVICES
MON - FRI : 8 A.M. - 5 P.M.
URGENT CARE SERVICES
DAILY : 8 A.M. - 8 P.M.

★ **2C KEARNY MESA**
858-616-8400
2020 GENESEE
OCCUPATIONAL HEALTH SERVICES
MON - FRI : 8 A.M. - 5 P.M.

★ **3C DOWNTOWN**
619-446-1524
300 FIR STREET
OCCUPATIONAL HEALTH SERVICES
MON - FRI : 8 A.M. - 5 P.M.
URGENT CARE SERVICES
WEEKDAYS : 8 A.M. - 8 P.M.
WEEKENDS AND HOLIDAYS
8 A.M. - 8 P.M.

★ **1E LA MESA**
619-644-6600
5525 GROSSMONT CENTER DRIVE
SUITE 601
OCCUPATIONAL HEALTH SERVICES
MON - FRI : 8 A.M. - 5 P.M.

★ **2E SANTEE**
URGENT CARE SERVICES
8701 CUYAMACA ST
WEEKDAYS: 5 P.M. - 8 P.M.
WEEKEND AND HOLIDAYS
8 A.M. - 8 P.M.

★ **1S CHULA VISTA**
619-585-4050
525 THIRD AVENUE
OCCUPATIONAL HEALTH SERVICES
MON - FRI : 8 A.M. - 5 P.M.
URGENT CARE SERVICES
DAILY : 8 A.M. - 8 P.M.



NORTH COUNTY
★ **1N CARLSBAD**
760.929.8269
5810 EL CAMINO REAL, STE A
MON - FRI : 8 A.M. - 5 P.M.
★ **2N ESCONDIDO**
760.740.0707
860 W VALLEY PKWY, STE 150
MON - FRI : 8 A.M. - 5 P.M.
★ **3N MURRIETA**
951-600-9070
25115 MADISON AVE
MON - FRI : 8 A.M. - 5 P.M.
★ **4N OCEANSIDE**
760-941-2000
3910 VISTA WAY - SUITE 106
MON - FRI : 8 A.M. - 5 P.M.
★ **5N SAN MARCOS**
760-432-9000
740 NORDAHL RD, STE 131
MON - FRI : 8 AM - 8 PM
SAT: 8 AM - 5PM
SUN: CLOSED

CENTRAL COUNTY
★ **1C HILLCREST**
619.297.9610
3930 FOURTH AVE, STE 200
MON-FRI: 8 AM - 5 PM
★ **2C KEARNY MESA**
858-277-2744
5575 RUFFIN RD STE 100
OPEN 24/7
★ **3C MIRAMAR**
858-549-4255
7590 MIRAMAR RD, STE C
MON - FRI : 8 A.M. - 5 P.M.
★ **4C MISSION VALLEY**
619-295-3355
5333 MISSION CENTER RD., STE 100
MON - FRI : 8 A.M. - 5 P.M.
★ **5C SORRENTO MESA**
858-455-0200
10350 BARNES CANYON RD, STE 200
MON - FRI : 8 A.M. - 5 P.M.

EAST COUNTY
★ **1E LA MESA**
619.697.3093
7862 EL CAJON BLVD
MON-FRI: 8 AM - 5 PM
★ **2E SANTEE**
619-448-4841
9745 PROSPECT AVE, STE 100
MON-FRI: 8 AM - 5 PM

SOUTH COUNTY
★ **1S CHULA VISTA**
619-425-8212
542 BROADWAY, STE G
MON-FRI: 8 AM - 6 PM
SAT: 9 AM - 3 PM
★ **2S NATIONAL CITY**
619-474-9211
102 MILE OF CARS WAY
MON-FRI: 7 AM - 7 PM

**Report injuries immediately
to your supervisor.**

The Complete list of MPN Physicians and locations can be viewed at
www.sandiego.gov/riskmanagement