



FOR IMMEDIATE RELEASE  
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# City of San Diego Fire-Rescue Department Hosts Third Annual Girls Empowerment Camp

## MORE THAN 100 TEENS REGISTERED TO ATTEND THIS YEAR'S FREE WEEKEND CAMP

SAN DIEGO – The City of San Diego Fire-Rescue Department (SDFD) will hold its third annual Girls Empowerment Camp (GEC) on Saturday and Sunday, April 6 - 7, 2019. This camp is open to all teens ages 14 to 18. Campers will learn a variety of skills and participate in activities performed by professional firefighters and lifeguards. Examples of the activities include: use of firefighting equipment such as chainsaws, axes and ropes; search and rescue drills; basic first aid and hands-only CPR; and a firefighter fitness workout.

**“We are pleased to present this opportunity for teens,” said Fire-Rescue Chief Colin Stowell. “These camp participants will learn valuable skills while spending two days with professional firefighters and lifeguards. The organizers of the GEC have done an outstanding job putting together fun and meaningful activities for this weekend’s camp.”**

All campers were required to pre-register. They will arrive at 7 a.m. to receive their safety gear and engine company assignments. The camp welcome and orientation will begin at 8 a.m. near the flagpoles (adjacent to the SDFD training facility).

The GEC is made possible by SDFD, the San Diego Fire Rescue Foundation and private donations/sponsors. There is no cost to the participants. GEC is organized and run by firefighters from SDFD, staff from AMR and volunteers from the following agencies: Los Angeles City Fire (LAFD), Poway Fire, San Jose Fire, Federal Fire, Chula Vista Fire, Orange County Fire Authority, Sacramento Fire and Reach Air Medical Services. The idea for the camp originated with LAFD which hosted a few female SDFD firefighters at their event three years ago. SDFD’s team adapted the concept and the first GEC was held here in 2017.

**WHAT:** Girls Empowerment Camp

**WHO:** Colin Stowell, Fire Chief, SDFD  
Camp organizers and campers

**WHEN:** Saturday, April 6, 2019, 8 a.m.  
Media are welcome both days of the two-day camp

**WHERE:** SDFD Training Facility  
2580 Kincaid Road  
San Diego, CA 92101

**VISUALS:** Welcome and orientation for the attendees – 8 a.m.  
Chief Stowell will speak briefly  
Interviews with chiefs, organizers Amber Taddeo, Jeri Miuccio and Jennifer Wolf and selected campers  
Opportunities for several live hits while campers move through the various activities  
**Reporters and photographers need approval from the SDFD PIO to interview camp organizers, campers and volunteers.**

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